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Maura J. Rossman, M.D., HCLHIC Co-Chair
Health Officer, Howard County Health Department

Steven C. Snelgrove, HCLHIC Co-Chair
President, Howard County General Hospital

Howard County Local Health Improvement Coalition

Healthy Aging Work Group Meeting
 March 26, 2018 – 2:30 p.m. – 4:00 p.m.
 Barton A&B

Minutes

Members Present:

Jillian Anderson, HCGH
 Courtney Barkley, HC OAI
 Karen Basinger, Univ. Of Maryland Extension
 Renee Bitner, HCHD
 Jill Kamenetz, HC DCRS
 Elexis Lawson, Zippy Errand Delivery Service, LLC

Ted Meyerson, AARP
 Nancy Miller, Community Member
 Elizabeth Menachery, HCHD
 Andrew Monjan, Transition Howard County
 Cyndi Rogers, Winter Growth, Inc.
 Starr Sowers, Care Patrol

Guests Present:

Barbara Allen, James' Place
 Bonnie Danker, Care Patrol
 Jennifer Jones, NAACP HC
 Phyllis Meyerson, Community Member

Staff Present:

Sharif Braxton, HCLHIC Program Coordinator
 Kelly Kesler, HCLHIC Program Director

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Sharif Braxton called the meeting to order at 2:33p.m. Participants and guests introduced themselves.	
Approval of Minutes and Announcements	Sharif Braxton shared that the work group meeting would be recorded for production of minutes. Sharif Braxton provided a re-cap from the February 26, 2018 meeting and asked for any corrections to the minutes from that meeting. A motion to accept the minutes as written was made by Jill Kamanentz and seconded by Karen Basinger.	Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal . Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming events: http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/ . To request an event be added to the HCLHIC Community calendar contact lhic@howardcountymd.gov .

	<p>Group members shared brief announcements.</p>	<p>Andrew Monjan of Transition Howard County shared that Time Bank in collaboration with Transition Howard, is holding its annual Repair Cafe on April 21, Noon - 3pm at Howard Community College.</p> <p>Elexis Lawson of the NAACP shared that she attended the Women’s Leadership Summit the morning of March 26, 2018. During that meeting the Alzheimer’s Association shared information on Alzheimer’s and Dementia and stated that women most often serve as the caregivers for loved ones suffering from the disease. Ms. Lawson Additionally shared that:</p> <ul style="list-style-type: none">• The Alzheimer’s Association is looking for volunteers to help out in a number of capacities, including: Growing Revenue, Accelerating Research, Advancing Policy, etc. For more information about volunteering, please contact Janine Boulad, volunteer coordinator, at jboulad@alz.org• Lastly the Alzheimer’s Association is holding its Memory Ball Dancing Stars fundraiser event on Saturday, April 28th at the Baltimore Marriott Waterfront Hotel. <p>Kelly Kesler shared that The Horizon Foundation is officially rolling out the implementation of its <i>Speak(easy)</i> program into the community. For more information on the program, please visit their website here. Ms. Kesler also shared that Elexis Lawson of the NAACP of Howard County recently connected her with the Howard Country Chamber, where she gave a presentation on the HCLHIC priority areas and objectives. The Chamber was particularly interested in the caregiver support component of the Healthy Aging Workgroup and is currently considering joining the HCLHIC.</p> <p>Sharif Braxton shared an announcement on behalf of Kelly Arthur from Health Quality Innovators. The Alzheimer’s Association published its 2018 Dementia Care Practice Recommendations. These were developed to better define quality care across all care settings and throughout the disease course. They are intended for professional care providers who work with individuals living with dementia and their families in residential and community based care settings. The Practice Recommendations are published as a February 2018 supplement to <i>The Gerontologist</i>. Alzheimer's Association 2018 Dementia Care Practice Recommendations</p>
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Opioid Use in the Aging Population	Barbara Allen of James's Place gave a highly engaging presentation on the use of opioids and other drugs among the aging population. She highlighted the importance of not neglecting this population when identifying priority demographics for drug related interventions.	For more information about drug use among elders, legislative efforts on the state and federal level and potential collaboration, please contact Barbara Allen at JamesPlaceInc@comcast.net or 410-480-2334.
Strategic Planning	Jillian Anderson of the Howard County General Hospital's Community Care Team and Renee Bitner of Howard County Health Department's Adult Evaluation and Review services shared information on ways they integrate Falls Prevention and Alzheimer's/Dementia screening, education and services into their standard practices. Sharif Braxton led a discussion on updates to the Priority Areas, SHIP data and strategies related to Alzheimer's/ Dementia and Falls integration prioritized for the FY18-20 Action Plan and the FY18 goals specifically.	Additional next steps identified were: <ol style="list-style-type: none"> 1. Utilize monthly Communication Action Alert tool with #hclhic for tracking 2. HCLHIC members interested in being a part of the following action groups, contact kkesler@howardcountymd.gov : <ul style="list-style-type: none"> • Communication and Outreach (Overarching committee for HCLHIC) • Continuing Education Opportunities (Overarching committee for HCLHIC) • Alzheimer's and Other Dementias or Falls Prevention programming and integration (Workgroup specific committee)
Wrap Up and Adjournment	The work group meeting was adjourned at 4:03 p.m.	

Work Group

May 21, 2018

2:30- 4:00 pm, Barton A&B

FULL HCLHIC

April 26, 2016

8:30-10:30 am, Susquehanna

Respectfully submitted by
Sharif Braxton
Program Coordinator, Howard County Local Health Improvement Coalition